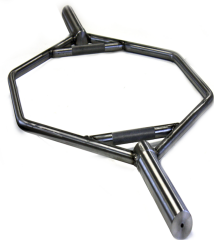




by TROYBARBELL & FITNESS

Best In Class Home Fitness



USA Olympic Hex Bar

Item SKU: GOT-56

Product Dimensions: Bar length: 56 inch - **Knurling** – medium - **Sleeve Attached** – welded to frame

Weight: 43 lbs - **Weight capacity:** 300lbs - **End to End length** 56” - **Loadable sleeve length** – 10”

Inside handle to inside handle distance 23 ½” - **Shaft Diameter** – 1” - **collar diameter** – 2”

Product Description: The spacious diamond design of our USA GOT-56 “hex” bar allows it to accommodate virtually any user. It is more efficient for deadlifts and shoulder shrugs than a traditional barbell because the weight is kept more in line with the body of the lifter rather than in front, reducing stress to the lower back. The high weight capacity makes it a good choice for light institutional settings, as well as heavy duty home use. Contact your sales rep, click the Talk to Troy icon or request a quote today to learn more about the all new GOT-56 hex bar.